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Langtang Luxury Trek – 10 Days

Day-by-day itinerary

FROM
US$1,299
per person

DURATION	MAX ALTITUDE	DIFFICULTY	REGION	GROUP SIZE
10 days	**3,870 m**	**Easy**	**Langtang Valley**	**Max 8**

Dates, prices and booking online: https://mounteverestgo.com/trip/langtang-luxury-trek/

HIGHLIGHTS



Premium tea houses with attached bathrooms and gourmet dining.



Helicopter return from Kyanjin Gompa to Kathmandu.



Visit the famous yak cheese factory at Kyanjin Gompa.



Side hike to Tserko Ri (4,984m) for the iconic Langtang Lirung panorama.



Easy-grade trekking ideal for luxury travelers and senior citizens.

ITINERARY AT A GLANCE

Day 1	Arrival in Kathmandu	1,400 m
Day 2	Spa Day & Briefing	1,400 m
Day 3	Drive to Syabrubesi	1,550 m
Day 4	Trek to Lama Hotel	2,480 m
Day 5	Trek to Langtang Village	3,430 m
Day 6	Trek to Kyanjin Gompa	3,870 m
Day 7	Sunrise at Tserko Ri	4,984 m
Day 8	Helicopter to Kathmandu	1,400 m
Day 9	Kathmandu Sightseeing	1,400 m

Day 10	Final Departure	1,400 m

PLACES YOU'LL VISIT



Kathmandu 1,400 m

Kathmandu is the capital of Nepal and the gateway to every trekking region — a UNESCO World Heritage valley with 7 monument zones, the...



Boudhanath Stupa 1,400 m

Boudhanath is one of the largest spherical stupas in the world and the holiest Tibetan Buddhist site outside Tibet — a UNESCO World Heritage...

INCLUDED

• All airport pickups and drops in private vehicle
• Kathmandu hotel (3 nights, B&B) with welcome and farewell dinners
• Domestic flights where applicable to itinerary
• All ground transport in private vehicle
• All necessary permits (TIMS, National Park, Conservation Area, Restricted Area where applicable)
• Three meals daily (BLD) during the trek with tea/coffee
• Tea house or camping accommodation during the trek
• Experienced English-speaking trekking guide and assistant guide for groups of 6+
• Porters (1 per 2 trekkers, 15kg luggage allowance) with full insurance
• Sleeping bag, down jacket, and duffel bag (refundable deposit)
• First-aid kit, pulse oximeter, and emergency oxygen
• Satellite phone for emergency communications
• All government and local taxes
• Best available tea houses with attached bathrooms where available
• 5-star hotel accommodation in Kathmandu (Dwarika's or Yak & Yeti)
• Helicopter return from Kyanjin Gompa to Kathmandu
• All gourmet meals (BLD) at premium tea houses
• Welcome and farewell dinners with cultural show
• Senior guide (10+ years experience)
• 1:2 porter-to-trekker ratio with 20kg luggage allowance

Permits — all arranged by us

• Langtang National Park Entry Permit (NPR 3,390), TIMS Card.

NOT INCLUDED

• International airfare to and from Kathmandu
• Nepal visa fee (USD 30 for 15 days, USD 50 for 30 days)
• Travel and high-altitude rescue insurance (mandatory)
• Personal trekking gear and clothing
• Hot showers, Wi-Fi, device charging, and alcoholic beverages
• Lunch and dinner in Kathmandu
• Tips for guide, porter, and driver (recommended 10-15% of trip cost)
• Costs from unforeseen events (weather, flight delays, route changes)

THE FULL ITINERARY

01 Arrival in Kathmandu

Altitude: 1,400 m **Accommodation:** 5-star hotel

Arrival with luxury vehicle transfer to Dwarika's Hotel. Evening welcome dinner.
Meals: Dinner · **Overnight:** Kathmandu (1400 m)

02 Spa Day & Briefing

Altitude: 1,400 m **Accommodation:** 5-star hotel

Full spa day at the hotel. Afternoon trek briefing and equipment check.
Meals: Breakfast · **Overnight:** Kathmandu (1400 m)

03 Drive to Syabrubesi

Altitude: 1,550 m **Accommodation:** Premium Tea House

7-hour scenic jeep ride through Trishuli valley to Syabrubesi.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Syabrubesi (1550 m)

04 Trek to Lama Hotel

Altitude: 2,480 m **Accommodation:** Premium Tea House

Begin trekking through bamboo and rhododendron forest along the Langtang Khola.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Lama Hotel (2480 m)

05 Trek to Langtang Village

Altitude: 3,430 m **Accommodation:** Premium Tea House

Continue through forest to Langtang Village, rebuilt after the 2015 earthquake.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Langtang Village (3430 m)

06 Trek to Kyanjin Gompa

Altitude: 3,870 m **Accommodation:** Premium Tea House

Reach Kyanjin Gompa with its famous monastery and yak cheese factory.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Kyanjin Gompa (3870 m)

07 Sunrise at Tserko Ri

Altitude: 4,984 m **Accommodation:** Premium Tea House

Pre-dawn climb to Tserko Ri (4,984m) for the iconic Langtang Lirung panorama.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Kyanjin Gompa (4984 m)

08 Helicopter to Kathmandu

Altitude: 1,400 m **Accommodation:** 5-star hotel

Morning helicopter flight back to Kathmandu with aerial views of the Langtang gorge. Afternoon spa treatment. Farewell dinner.
Meals: Breakfast, Lunch, Dinner · **Overnight:** Kathmandu (1400 m)

09 Kathmandu Sightseeing

Altitude: 1,400 m **Accommodation:** 5-star hotel

Full-day guided tour of Kathmandu's UNESCO sites: Swayambhunath, Boudhanath, Pashupatinath, and Kathmandu Durbar Square.
Meals: Breakfast · **Overnight:** Kathmandu (1400 m)

10 Final Departure

Altitude: 1,400 m

Luxury vehicle transfer to the international airport.
Meals: Breakfast · **Overnight:** Kathmandu (1400 m)